



Learning. Coping. Healing. Together

RESILIENCE

Discovering Your Strength Through Grief

Bereavement Workshop

Guest speakers sharing personal stories of resilience

Loss-specific small-group breakout sessions

An afternoon of connection, inspiration, and empowerment

Saturday, April 11, 2026

1:30p – 5p

The Cathedral of St. Philip

2744 Peachtree Rd NW, Atlanta, GA 30305

Child Hall

The workshop is free but pre-registration is required

For more information and to register contact Paulette Slawson at

Paulette.Slawson@vnhs.org or 404-527-6558

This workshop is open to all who have experienced the loss of a loved one

