

HOSPICE ATLANTA

VISITING NURSE HEALTH SYSTEM

CAMP + STARS Bereavement Camp for Families

Camp STARS

Sharing Together As Real Support

Visiting Nurse Health System | Hospice Atlanta understands that death is an integral part of life. When someone dies, people grieve and may struggle to cope with life without their loved one.

Our Camp STARS bereavement camps are designed to help people understand they are not alone and that their feelings of loss are normal. We provide a safe environment for children and adults to share their feelings, meet others in similar situations, and have fun while learning how to grieve in an emotionally healthy way.

Founded in 1994, Camp STARS is offered every spring and fall for mothers, fathers, sons, daughters, siblings, grandparents—whoever means "family" to you. This interactive and supportive three-day camp offers activities such as music and singing, games, arts and crafts, family entertainment, fishing, boating, group sharing and opportunities for families to simply spend time together. A special service of remembrance gives each family a chance to honor their loved one.

The camps are staffed by professional counselors, social workers, chaplains and others who have experience working with the bereaved. Community volunteers are also integral to the Camp STARS program.

Camp Twin Lakes in Rutledge, Georgia, is the location for Camp STARS. Camp Twin Lakes occupies 300 beautiful acres 50 miles east of Atlanta and its unique facilities provide a great camping experience in a nurturing, fully-accessible environment.Camp STARS is part of Visiting Nurse | Hospice Atlanta's community outreach and is offered free of charge except for a small administrative fee. Camp STARS InTown-a one day workshop in Atlanta is an extension of Camp STARS.

Camp Dates: November 5-7, 2021 Call 404.869.3086 or visit vnhs.org/CampSTARS

"Camp STARS gave us an opportunity to meet and share with others going through the same thing. And each family played together, laughed and cried together. Thank you! Kudos to every counselor, every volunteer!"

