



**HOSPICE ATLANTA**

VISITING NURSE HEALTH SYSTEM

# CAMP STARS

## Virtual Family Bereavement Camp



### Camp STARS

#### Sharing Together As Real Support

Hospice Atlanta understands that death is an integral part of life. When someone dies, people grieve and may struggle to cope with life without their loved one.

Our virtual Camp STARS family bereavement camps are designed to help people understand they are not alone and that their feelings of loss are normal. We provide a HIPPA-safe, user-friendly, virtual camp environment, specifically designed for adults and children, grouped separately. Our staggered group schedule allows participants a comfortable place for sharing feelings, meeting others in their similar situations, and cope with grief in an emotionally healthy way.

Founded in 1994, Camp STARS is designed for any person, or family who has endured a loss. This virtual, interactive three-day camp offers organized activities, by age group and type of loss, for a safe and enjoyable camp experience. Camp is filled with therapeutic games, themed arts and crafts, as well as group activities in a virtual environment, for bereaved individuals to come together, connect and experience the support of our community.

Staffed with professional counselors, social workers, chaplains and others who have experience working with individuals who have suffered loss. Our tech support and community volunteers are also integral to the Camp STARS program.

Our partners at Camp Twin Lakes have created our safe, virtual, on-line camp site! Together, we'll create a caring camping experience in our safe, nurturing, on-line environment. Camp STARS is part of Visiting Nurse | Hospice Atlanta's community outreach programs, and is free of charge.

#### Camp Dates & Times

<b>Friday, 11/5</b>	6:15p-8p
<b>Saturday, 11/6</b>	8:30a start
kids groups (by age)	10a-12p
adult group (by loss type)	1:30p-3p
<b>Sunday, 11/7</b>	8:30a-11a

*"Camp STARS gave us an opportunity to meet and share with others going through the same thing. And each family played together, laughed and cried together. Thank you! Kudos to every counselor, every volunteer!"*



#### REGISTER TODAY!

Call 404.869.3086 or online at  
[vnhs.org/hospice-atlanta/camp-stars/](https://vnhs.org/hospice-atlanta/camp-stars/)

